

Taman Negara (National Park)

Taman Negara, or National Park, is one of the finest and oldest accessible rainforests in the world. Centrally located in the remote region of the Tahan Range, Taman Negara is the largest park on Peninsular Malaysia and includes the Peninsula's highest peak, Gunung Tahan at 2187m.

Taman Negara offers adventurous travelers an unparalleled opportunity to explore the rich natural wonders of unspoilt rainforest. Much of the park remains as it has been for the past 130 million years or so. Come discover the living treasures Mother Nature has to offer. Whether is it wildlife spotting at one of its observation hides; trekking on its many jungle trails; exciting rapids-shooting in longtail-boats on its many rivers and rapids; exploration of its many unique caves; or simply fishing or swimming in its clear ponds, an adventure of a lifetime awaits you here.

Getting There

By Rail

Kuala Tembeling is also accessible from Kuala Lumpur, Singapore or Kota Bharu (via Tumpat) by rail. Trains from these stations stop at Tembeling Halt, about half an hour's drive to the jetty at Kuala Tembeling. Please contact Keretapi Tanah Melayu Bhd for details on train schedules and fares. The contact number are 03-2267 1200.

By Boat

The staging point for visits to the park is Kuala Tembeling from which a 3 hour boat ride upriver takes you to Kuala Tahan at 9am and 3pm daily, except for Fridays when the afternoon departure is at 2:30pm. The boat fare costs RM 19 for a one way trip. Mutiara Taman Negara Resort also operates a speedboat service that take only 45 minutes to reach Kuala Tahan. The speedboat leaves Kuala Tembeling at 10:30am and 1:30pm daily.

By Car

The most accessible gateway to Taman Negara is either through Jerantut, a three-hour trip from Kuala Lumpur. If you are driving a four-wheel drive vehicle, you can take the logger trail right up to Kuala Tahan, where you need to take a boat across the Sungai Tahan (Tahan River) to enter the park. If you are relying on public transportation, take a public bus or a taxi from Jerantut town to the Kuala Tembeling Jetty, about 16km north of Jerantut.

By Bus

Buses to Jerantut may be found at the Jalan Tun Razak Bus Station in Kuala Lumpur. From there, hop on a local bus or taxi to Kuala Tembeling. Alternatively, Jerantut bound taxis are available at the Pudu Raya Bus Terminal in Kuala Lumpur. In addition, Kuala Tembeling is also accessible from Kuala Lumpur, Singapore or Kota Bharu (via Tumpat) by rail. Trains from these stations stop at Tembeling Halt, about half an hour's walk to the jetty. From there, a longboat will take you to Kuala Tahan in about three hours (depending on the water level of the river).

Activity

Jungla trekking - Trek

through the forest to the top of hill, Bukit Teresek. On the way will be the canopy walkway, the longest in the world. Take a guide with you if you are a small number of people. The trail gets confusing many times.

Explore the cave - Gua Telingga. To get there, you will have to take a boat costing RM 50 for 8-12 people.

Waterfall - Lata Berkoh and take a relaxing boat ride to the place.

Visit the Orang Asli (tribal) village - observe their way of life. Though we did not take this tour, I have heard that the guides can be really intrusive about the personal lives of the tribes, making the tourists very uncomfortable. Worth the experience, nevertheless.

Rapid shooting - We skipped it as our guide told us it is no different from the downstream boat ride from Lata Berkoh.

Night spotting wild animals - Wild animals are rarely visible, but lot of sounds throughout the night will keep you awake. Staying the night at a wooden house with open doors and windows in the middle of the forest is definitely an enriching experience. Pahang